

## Fall Study Skills Zone Workshops

### Fall Schedule:

1. September 15, 2020:
  - SMART Goal Setting  
3:00 PM to 3:50 PM
  
2. September 24, 2020:
  - Procrastination Busters: The Art of Taking Action  
3:00 PM to 3:50 PM
  
3. October 1, 2020
  - Boost Your Memory Power  
3:00 PM to 3:50 PM
  
4. October 16, 2020
  - Taking Notes Effectively  
3:00 PM to 3:50PM
  
5. November 4, 2020
  - Learning Preferences: Know How You Learn Best  
3:00 PM to 3:50
  
6. November 17, 2020
  - Managing Test Anxiety  
3:00 PM to 3:50 PM
  
7. December 3 @ 12:00-1:00, December 8<sup>th</sup> @12:00-1:00 or 3:00-4:00: Choose either session!
  - Exam Game Plan: How to Plan for Finals

Final Exams Begin: December 14, 2020